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magazine

Jan/Feb 2008 | Year 5 | Issue 34

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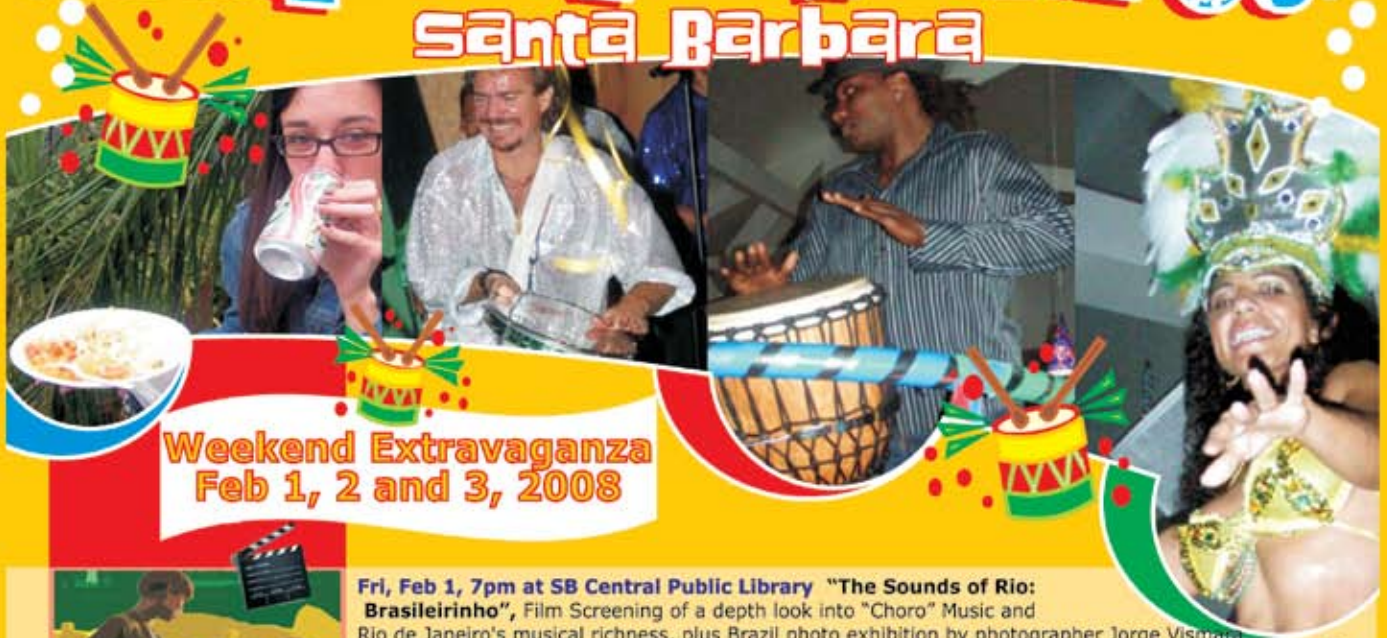
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SOUL BRASIL

5th Annual Brazilian CARNIVAL 2008 Santa Barbara



**Weekend Extravaganza
Feb 1, 2 and 3, 2008**



Fri, Feb 1, 7pm at SB Central Public Library "The Sounds of Rio: Brasileirinho", Film Screening of a depth look into "Choro" Music and Rio de Janeiro's musical richness, plus Brazil photo exhibition by photographer Jorge Vismara \$5 donation at the door.



Sat, Feb 2, 11am at SB Jr. High School Soccer Game celebration with a Multi-Cultural Local Team playing against a Brazilian Team including former professionals players living now in Los Angeles Free. If you (Male or Female) would like play or be involved please call (818)468-6474. After the game "Brazilian Taste" featuring Brazilian Feijoada only \$7, Brazilian Drinks available. **TBA Location / Check our Website.**



Sat. Feb 2, 9pm at StateSide Lounge & Restaurant on 1114 State St Carnaval Bash featuring the Red Hot Rio Girls Samba Dancers, DJ Daniel Chin plus Guest DJ, Live Music by Afro-Brazilian Band PraKantar plus Master percussionist Amen Santo. Only \$10 at the door - **if Pay In Advance you get raffle ticket and 12 chances for win valuable gifts, Table or Group Reservation Call 818/468-6474.**



Sun, Feb. 3, 10:30 - 1:30pm Samba and Afro-Brazilian Dance Workshop with Sandra dos Anjos and Shani Meyer from Los Angeles, and special guest appearance. Location TBA Soon **check our site.**



Sun. Feb 3, 1:30pm/6:00pm at EOS Lounge on 500 Anacapa St. Brazilian Afternoon Party - **Rio's Boteco**, a taste of Brazilian food and appetizers with caipirinha specials, live pagode music from Samba de Raiz and Capoeira moves from Capoeira Sul da Bahia SB / \$6 cover charge. **For Table or Group Reservation call 818-468-6474.**

Up Date: www.sbbraziliancarnaval.com





Editor's Letter

Carta do Editor

We just start a new year and I would like to thanks all the readers, collaborators, sponsors and advertisers from the bottom of my heart. As mostly of you know, our magazine stated from a dream of produce a magazine with an editorial "green" showing ecologic responsibility, of vanguard taking seriously the theme human right and social responsibility, and for sure, with the goal of promoting the best of Brazil in U.S and special California. I would like to invite you, the reader, to suggest and comment our work through my directly email editor@soulbrasil.com. Also I would like to incentive you to write about your experiences in Brazil (for those Americans) and your experiences in America (for those Brazilians).

This special Carnaval issue you will find many articles about the theme and one that touch my heart in special: The Carnaval Traditions in California. The Life Experience of Margie, founder of Santa Barbara Permaculture Networking, brings our concern and respect for the green theme. To show something different in this issue, we bring the "Saudade Não Tem Idade" article that will touch the Heart & Soul of all Brazilians, and the article about one of the most beautiful places I consider in Brazil: Pirinópolis and the Region of Goiás!

Have fun, and always conscious in your mind.

Lindenberg Jr.

Acabamos de entrar em mais um ano de nossas vidas e gostaria de agradecer de coração a todos os nossos leitores, colaboradores e anunciantes. Como a maioria de vocês já sabem a revista surgiu de um sonho de produzir algo com uma linha editorial verde e com responsabilidades ecológicas; de vanguarda, buscando dar espaço aos direitos humanos e as responsabilidades sociais; e com certeza, com a proposta de promover o que a de melhor do Brasil em território Americano e em especial na Calif. Gostaria de convidá-lo a participar conosco desse sonho, comentando nosso trabalho e sugerindo idéias através do meu e-mail direto editor@soulbrasil.com. Também gostaria de incentivar aqueles que gostam de escrever, a nos enviar suas experiências no Brasil (para os gringos), bem como as suas experiências na América (sim você Brazyuca).

Nesta edição especial de Carnaval você vai encontrar alguns artigos sobre esse tema, mas um em especial tocou meu coração: se trata do artigo sobre as tradições de Carnaval na California. A Experiência de Vida da Americana Margie no Brasil - fundadora da ONG Santa Barbara Permaculture Networking, mostra como sempre a nossa preocupação e respeito para com o tema "Go Green". Para mostrar algo diferente nesta edição, trazemos o artigo "Saudade Não Tem Idade" que ira dar um "tchan" especial na alma de todos os brasileiros, assim como o artigo sobre Pirinópolis e região do cerrado Goiano - que considero, um dos mais belos lugares do Brasil!

Divirta-se muito esse ano, mas sempre com luz e consciência.

Lindenberg Jr.

**Soul Brasil is on a mission to build & networking
with Brazilian Lovers and the Conscious Living community.**

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TO CONTACT US: Email info@soulbrasil.com, Write to: P.O.Box 2466, Toluca Lake, CA 91602, Call: (818)508-8753

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The Waterfall's Paradise

Sandra dos Anjos
Photos by Thomas Udiyana
and Andrea Alves



In my last backpacking trip to Brazil, before reaching the “Nordeste Brasileiro” (Northeast), I stopped in Brasília where I met my old friend Andrea. After couple days me, my friend and her two little daughters got in the car for a road trip to visit the small town of Pirinópolis, distant 150Km from Brasília (and 120Km from Goiânia). It is a historical and beautiful colonial city with exuberant waterfalls, rivers, mountains, and with churches that was built more than 300 years ago like the Church of Matriz and the Church of Bonfim. The small town with just over 20,000 habitants is located in the center of Brazil and in a region 800 meters above sea level. Every year for 250 years now, they celebrate the “Festa do Divino”, which takes place 50 days after Good Friday (usually in May); and along with famous horseback riding, is considered one of the most important and largest folkloric attractions in South America.

The main industry here is tourism, cow farmers, extraction & manufacturing of lime stone, and different silver works by local artisans. The “Rua do Lazer” (Lazer Street) in downtown Pirinópolis is the best spot for the nightlife, where you can find great local stores and restaurants. The environment is

simple, but very pleasant with special romanticism in the air as well a mystical wave around the all city.

For those who like cycling, horse riding back, hiking, fishing and radical sports like zip line and canopy walk, the region offers spectacular options. The region is known as the “waterfall paradise” as has over seventy waterfalls spread around the three sierras - Morro do Pedro, Morro dos Macacos and Serra dos Pirineus (check below important info about the Pirineus Sierra). I recommend the **Abade Waterfall**, just 14 Km from the city, fall of 18 meters and beach, and good infra-structure with Mini-Mart; the **Dragões Waterfall** located at Várzea do Lobo, 40 Km from the city on a private property with 7 waterfalls and natural pools; the Waterfalls of the **Vargem Grande Ecological Reserve**, 11 Km from

the city; the **Araras Waterfall**, with a big well and beach, 20 Km from the city; the **Usina Velha Waterfalls** that is an old power mill with many stones, shallow wells, and a few beaches, less than 3 Km. from downtown; the **waterfalls of Bonsucesso farm**, a functional farm with an old house as the headquarters, corral and orchard, just 5 Km from the city; and the **Meia-Lua Waterfall** in the region of Pedreiras, with riffles, many stones, deep wells, but no beach. This region in the heart and center of Brazil is definitely a must for those with an adventurous spirit and zen soul! ■

* Sandra Dos Anjos is a dancer and life coach that has lived for over 12 years in the Santa Inez Valley in Santa Barbara County, has traveled alone in 2007 for five months in Brazil and planning for 2008 to travel for other five months through India and Laos. She can be contacted by email mystic-spiral@hotmail.com



Parque Estadual Serra dos Pirineus

The State Park of Pirineus is located 18 Km from downtown Pirinópolis. It has more than 2,800ha of scenic beauty, over 1400 meters above sea level, with all kinds of vegetation of savannas, geological formations, lookouts, and typical flora and fauna of the center of Brazil. The Park has many caves and harbors springs of the river Corumbá and river Das Almas. Here is the home for a famous Annual Religious Peregrination - the “Festa do Morro”, that always happens on the week of full moon every month of July attracting thousand of people. ■

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1,2,3...Ziriguidum

After 36 years of playing music, more specifically playing Latin and Brazilian music, there has been an amazing growth, both in popularity and interest to participate for Chalo Eduardo. His personal journey started back in 1971 playing congas in bands and at the parks of San Francisco. He grew up in the Mission District face up with top percussion artists and dancers. At the time the music population leaned more toward Latin that was reborn with a new name "Salsa". Chalo says "Looking back it was somewhat of a Renaissance of a multi-cultural exchange. Carlos Santana was from the neighborhood so, you can imagine the fire and the passion we had playing our music."

It was becoming evident that a new music consciousness was developing different than in New York, Cuba or Brazil. A melding of culture was happening. Samba met Congolese drumming, salsa, world beat or world percussion, and the passion for Brazil and its music took hold of Chalo in 1979 when a friend's group started the San Francisco Carnaval - which still continues going strong during Memorial Day weekend all

this year. By 1983 Chalo co-founded "Escola Nova de Samba" and began the samba school teaching both percussion and dance. Chalo says "our motto was Samba is for everyone. I wanted to perpetuate the Brazilian culture through music and dance with a professional approach and get the best results from all the student and professional whether being Brazilian by heart or by birth". As the art of playing samba is serious and fun at the same time, Mr. Eduardo has studied your craft with respect and learns by watching and listening to others. There were no DVD's, IPOD's, Internet or books, only vinyl records, bootleg cassette tape and what you picked up off the street. Chalo continues "It was kind of like not knowing about sex and learning as you go, you could get miss information but you kept wanting more".

By the time, Chalo made his first (of many) trips to Rio de Janeiro in 1984. "I felt like I was going home. I finally really understood the meaning of "Muita Saudade. I came back with so much fire it could last a lifetime". With the help of great musicians in the Bay Area and all the members

of the Escola Nova, Chalo grew the "bateria" to eighty members which created a bridge to our sister city, Rio. Following the facts, he received an amazing call from Sergio Mendes to join his band. Sergio was part of Chalo's musical influences and the invitation an honor. The journey continued with Remo Drums invitation in 1998 for he became a researcher development and product manager for one of the biggest drum manufacturers of U.S.

Through the years Chalo Eduardo has created teaching materials that enable anyone to easily learn how to play Brazilian percussion instruments making it fun and educational. Set in motion these key fundamentals of rhythm in international workshops and seminars as well as throughout the United States in schools through University levels. ■

*** Chalo Eduardo offers workshops at a Percussion Paradise Ranch where you can get away from the city life and enjoy 17 acres of the beautiful Angeles National Forest just 60 minutes north from downtown Los Angeles. For more info www.chaloeduardo.com**



BRAZILIAN CARNAVAL MOVES

Fri/Sat/Sun, Sat. 1/2/3, 5th Annual Santa Barbara Brazilian Carnival Weekend Extravaganza Fest brings 4 events in 3 days in 4 different locations.

The kick off happens Fri at 7pm with the screening of "The Sounds of Brazil: Brasileirinho" and a Photo Exhibition by Jorge Vismara at SB Central Public Library (\$5 donation); following a Sat. morning Soccer Game Celebration at SB Jr. High School (Free) following Feijoada (check our site for location - \$6), and the Carnaval Ball at Night at StateSide Lounge featuring Prakanatar Band with special guest appearance by master percussionist Amen Santo, the Red Hot Rio Girls Dancers, Capoeira Batuque and DJ Daniel Chin (\$10 in advance/\$12 at the door); then Samba and Afro-Brazilian Workshops (TBA soon at the official site) on Sun morning following the afternoon party "Boteco" featuring pagode music by "Raiz do Samba", Open Roda with Capoeira Sul da Bahia and Brazil's Northeast appetizers and goods (\$6 not include food). For those not living in Santa Barbara, visit the website www.sbbraziliancarnaval for tips about the city and what the "California Riviera" can offer!

Sat. Feb 2, 2008, Brazilian Rio Joe's Carnaval Ball at the Vault 350 on Pine in Downtown Long Beach, presented by SambaLá Samba School and RioBela Produc-

tions. Best known for their 11 years of the Brazilian Street Carnival in Long Beach, SambaLá Samba School and RioBela are starting a new annual indoor event held to compliment their fall outdoor event in September. Featuring Katia Moraes and Pure Samba, SambaLeza dancers, Raiz Brazil Dance Company, Carlinhos do Pandeiro in command of over 20 SambaLá drummers plus Brazilian singers Renni Flores, Bira Martins and Kleber Jorge.

More info: www.carnaval.org

Sat. Feb 2, 2008 Annual Brazilian Carnaval Hollywood at Element, 1642 N. Las Palmas Ave. in the heart of Hollywood from 9pm to 3:30am. Featuring Unidos da Bahia with the best of Axé Music, Samba and Marchinhas, Cirque Acts, Feather Samba Dancers, Samba School Rio Style, Hosted by Miss Brazil-USA, with DJ Mano Gil and Guest appearance of DJ Mark Lewis at the Electric-Carnaval Party after 2am. General admission \$25 in advance, VIP table available. More info www.carnavalla.com

Sat. Feb 2, 2008 Annual Brazilian Carnaval San Diego at 4th & "B", copying the Brazilian tradition to celebrate life with a Bourbon Street-meets-Rio celebration, the event in San Diego delivers a taste of South America to the Mardi Gras week and before Fat Tuesday, letting fans get their revelry

started early. Featuring live bands, capoeira, an inside parade and Mardi Gras Beads, plus feathers samba dancers accompanied by authentic Rio's Batucada.

More info www.brazilcarnival.com

Sat. Feb 2, 2008 Annual Long Beach Queen Mary Brazilian Carnaval 2008

by Brazilian Nites and featuring Dandara & Pra-Gandaia Band, Maisa & Energia do Samba, Casa do Samba Samba School, Samba Show with Marissa & Dancers and Axé with Ki-Xego. This year's theme is "Preservation of the Planet" featuring green and recycled decorations. Admission is for all ages, in advance \$38 general admission and \$45 for reserved table.

More info www.braziliannites.com

Sat. Feb 2, 40th Brazilian Carnaval San Francisco presented by Friends of Brazil

at the San Francisco Gift Center, 888 Brannan Street, with the theme "40 Years of Tradition" to homage special people who made this historical Carnaval Ball as Celia Malheiros, Liza Silva, Claudio Amaral of Viva Brasil, Marlene Rosa Lima of Samba da Alegria e Rosana Brito of Birds of Paradise. Featuring Axé Brasil, Sotaque Baiano, Grupo Entre Nós & Grupo da Sete, Forrofiando, and Aquarela Dancers.

More info: www.FriendsofBrazil.org.





Brazil's Carnival Hot Spots

Lindenberg Jr.



Rio de Janeiro



Rio de Janeiro

The modern Brazilian Carnival finds its roots in **Rio de Janeiro** in the 1830's, when the city's bourgeoisie imported the practice of holding balls and masquerade parties from Paris. It originally mimicked the European form of the festival, over time acquiring elements derived from African and Amerindian cultures. During the Carnival, a fat man is traditionally elected to represent the role of "Rei Momo", the "king" of Carnival.

Internationally, **Rio** is considered the national Brazilian Carnival symbol. Organized and impromptu celebrations is everywhere, but the Samba School Parade with many groups and floats, drummers and dancers in glittering, sequined, feathered costumes in front of your eyes is a must in lifetime. It is like watching Las Vegas on wheels. Premier and legendary samba schools like Manguei-

ra, Salgueiro, Portela, Beija-Flor and Mocidade Independente energize the crowd and brought them to their feet when they start singing they samba enredo (theme song).

But **Bahia** with their frenetic rhythms including samba-reggae and afoxé, plus **Pernambuco** with their unique Frevo style and Maracatu Afro rhythms has been taking for a while part of the "carnival cake". In both cases Carnival is a time for total participation. City residents and visitors dance together until dawn. This openness makes Bahia and Pernambuco Carnival different from Rio and other celebrations in Brazil.

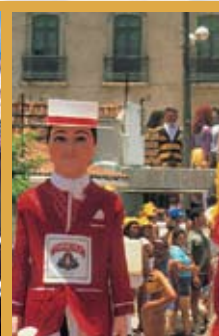
In **Bahia** on the second part of the 19th century, the black population celebrated the days of carnival in its own way, highly marked by African-Yoruba characteristics, dancing in the streets playing Afro instru-



Pernambuco



Pernambuco





ments. By the 70's, three main types of carnival groups developed in Bahia: Electric Trios, Blocos Afros and Afoxés. Electric Trios are characterized by an adapted truck with giant speakers with a platform where musicians play Afro style song with the inclusion of electric guitars and other acoustic instruments. Enthusiastic folks follow the trucks singing and dancing. Blocos Afros were influenced by the black pride movement in the USA, independence movements in Africa, and reggae music that denounced racism and oppression. The groups inspired a renewed pride in African heritage. The Blocos Afros entities formed especially during carnival which parade in the streets, dressed uniformly according to a theme. The afoxés are special blocos formed by people who belong to Candomblé houses.

Pernambuco for a while has been recognized as a hot spot for the street carnival celebrations in the capital Recife as well small cities as Olinda, Bezerros and Nazaré da Mata. In the historic city of Olinda (declared by Unesco as historical and cultural heritage of mankind) the celebrations starts one week earliest and the attractions is the many carnival groups with funny names such as: "Tell me you Love me, Damn it", "The Midnight Man" - with a famous giant dancing doll that leads the group, "Crazy Lover" and "Olinda's Underpants" among others). In Bezerros, the carnival start ten days earliest with the formal Municipal Ball

Bahia



Bahia



on Wednesday followed in the wee hours of morning by the "Wake Up Bezerros" revelry, when revelers leave their homes to celebrate in their pajamas or other nightwear. Still on the previous week, there is a Fellini-like "Pedalando o Papangú" for masked bike riders. Fat Tuesday there is a lively soccer match where all of the players must wear masks. Bezerros is the land of "Papangús" or "Masquerades". In Nazaré da Mata you will find the original Afro-Brazilian unique rhythm of Maracatu.

The freedom to party in the streets is a unique experience for all and in special for those that are not Brazilians. It seemed like the whole city had come to a stop to join in the spirit of Carnaval. ■

Pernambuco



Pernambuco

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Where the “Green” Education Meets the Fun

Margie Bushman

In 1978 there was nothing quite like Permaculture, twenty-eight years later Permaculture laps the globe with over 4000 projects across 120 countries. Australian biologist Bill Mollison, founder of the Permaculture movement, has taught and developed projects from the Arctic through Sub-Tropics and Equatorial regions on the planet. And Brazil hosted the 8th International Permaculture Encounter (IPC8).

Me and others friends of Santa Barbara Permaculture Network went to Brazil in May 2007 to attend the bi-annually event. We were excited to be going to Brazil to learn about a country most Americans know very little about and see what Permaculture looked like in Brazil. We began our month long adventure in Sao Paulo where the IPC8 was symbolically held in the green heart of the city at Ibirapuera Park. A public conference titled “Greening the Economy with Permaculture” was organized to include members of the Brazilian financial community and the media. Bankers, financiers and participants from 42 countries were present including many young Brazilians concerned about their country’s future. As a part of all IPC’s a two week Permaculture design course is offered and this one taught at a children’s center in one of the city’s infamous favelas.

From Sao Paulo we made our way north to Pirenopolis, near Brasilia, for a Permaculture Designers Convergence hosted by Instituto Permacultura de Cerrado (IPEC). The convergence is the professional in-house event of national conferencing with plenary sessions, presentations and discussions exploring permaculture responses and strategies for a changing world. The IPEC located on a 50 acre site in the beautiful Cerrado (savannah) region is an inspiring example of Permaculture in practice with extensive gardens, educational displays and innovative examples of alternative architecture. IPEC’s proximity to Brasilia as the seat of national government provides

the opportunity to present alternative choices to government policy makers. Many permaculture experts attended the Convergence, including David Holmgren, co-ordinator of the Permaculture concept, who was asked to make a presentation to the Brazilian Congress about Energy Descent, his ideas on how we might plan for a world with less oil as a cheap and plentiful resource.

Next we traveled to Manuas, the rapidly growing “free trade” city and zone located in the heart of Amazonia, to visit the Instituto Permacultura da Amazonia (IPA). Formed in 1997 as the result of an initiative backed by the United Nations Development Program and the Ministry of Agriculture, IPA was created to establish a sustainable farm on university land and initiate a complementary Permaculture education program. The farm has since become the most influential showpiece of sustainable practices in the Amazon. A highlight of our trip was a week on the Amazon with thirty IPC8 participants from around the world as we traveled by riverboat to reach the village of Boa Vista do Ramos and its jungle Permaculture center, where programs are expanding to serve an eventual one hundred and fifty river communities. Blissfully without cell phones or laptops for an entire week, we gazed out on an immense waterworld viewing the famous tucuxi river dolphins, elusive manatees, and ponder the idea of dangerous piranhas, electric eels and anacondas below the surface of the river. The hope of permaculture in the region is to provide more sustainable models of agriculture than inappropriate cattle grazing and slash and burn techniques for growing.

Bahia was our final destination and we were immersed in the exuberant Afro-Brazilian culture. Brazil seems to put its unique stamp on everything and is refreshingly not vulnerable to American pop culture. While there we visited the Organization of Permaculture and Art (OPA), created in 2004 by multicultural

artists and educators of diverse backgrounds. OPA is in the process of establishing a center in the historic Pelourinho in Salvador, to demonstrate innovative urban

permaculture models and function as a multi-purpose art space. They began with “Circo Agua Viva”, a project of environmental education through circus arts and educational theater with underprivileged children and at-risk youth in Salvador. Their ECO-Surfista educational program combines Surf and Permaculture on the Bahian coast. Also in the region is the Instituto de Permacultura da Bahia founded by Marsha Hanzi with her important work in the “Sertão” (Drylands in Northeast of Brazil), growing diverse crops in very sandy soils on a 40 acre site.

We enjoyed our time in Brazil immensely, where for the first time an International Permaculture Conference was held in South America. Traditionally IPC’s take place every two years and switch between continents. Past host sites have been in Australia, USA, New Zealand, Scandinavia, Nepal and Croatia, while South Africa will host the next IPC9 in April 2009 - www.ipc9.org. Permaculture (PERMANent CULTURE) is a design system based on ecological principles for creating sustainable human environments and is a whole systems approach suggesting positive solutions for a rapidly changing world. ■

*** Margie Bushman is the founder of Santa Barbara Permaculture Network, a ten years based educational non-profit organization that continues promoting its important work by bringing educational workshops and programs to Santa Barbara County. To learn more or support their work, please visit www.sbpermaculture.org or call (805) 962-2571. In Brazil, The IPEC - www.ecocentro.org, the IPA - www.permacultura.org/ipa, the OPA - www.opabrasil.org.**



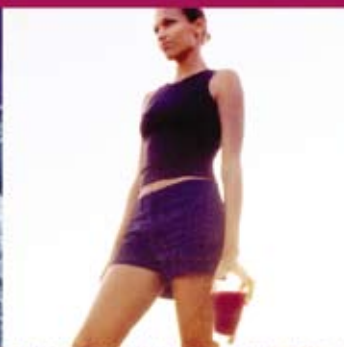


Music / SambaJah First CD – Throughout history there are groups of musicians that have taken the next step towards the Music Revolution. SambaJah is one of these groups, that with rhythms rooting from Brazil has added the essence of Hip Hop to the world of Samba. Collaborating with one of Hip Hop's hottest artists Verbal Threat, Origem Mast (which in English means origin) is an instant classic and fine example of this combination. Other songs such as "Rosa" and "Sunset" will take you and your loved one away for a romantic adventure and "Expresso 222" along with "Batucada" will have your feet moving faster than you could have ever imagined. Also, including reggae vibes and soul rhythms, the album covers the best of swing & inspirational music.



Cinema / The 80th Anniversary of the Oscars – The 13 ½ inches and 8 ½ pound gold-plated statue awarded annually turns 80 Feb. 24, 2008 and the Academy Awards Ceremony broadcast will reach over 1 billion viewers worldwide. The event this year will be hosted by the "Daily Show's" Jon Stewart at the Kodak Theatre in Hollywood. The interesting this year is that folks across the U.S can celebrating the evening by participating in the Academy – Sanctioned Oscar Night America – www.oscar.com/oscarnight, a series of independent fund-raising events produced in approximately fifty ballrooms and upscale venues across the country. The perennial appeal of the Oscar has everything to do with star power and always is gone be related as a night of plenty glamour. And this year for sure will be a special one!

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SAN DIEGO CLOSE UP *By Victor Gutierrez*



Brazilian Fred Rocha from Rio de Janeiro and his team won the annual race for the Governor's Cup promoted by the San Diego Argonauts Yacht Club, and the celebration happened at By Brazil Restaurant.



The multicultural band "Braza" is playing sometimes at Portugalia Restaurant in Ocean Beach and making the crowd dance "Forró".



The band "Parallel Project" from Brazil has been playing at Portugalia for the appreciation of the Rock Pop lovers community.



I had the opportunity to click up the directors of the African Film Festival in San Diego including the festival head, Make-da Cheaton. The event happened at World Beat Center



Desiree Parkins is a very talented soccer forward at the La Jolla High School with a bright soccer career future. With her mon as an Brazilian, she speaks fluent Portuguese and has Kaká from Brazil as her maximum idol.



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Simple Recipes

8 Steps How to Get Her Heart

Here below you will find eight “Love Recipes” for Man, or better say, simple steps that he should follow up to catching her interest.

1. **Spruce Up Your Wardrobe...** you don't have to be a fashion slave or even spend a lot of money to be let's say “up dated”. But yes dude, you do need to care about your appearance.
2. **Clean Up Your Act...** your hair and your clothing sometimes need to be clean, right. And yes, your room or where you live need to be clean if you don't want to scare of a potential girlfriend.
3. **Pay Attention to the Minimum Details...** The great seducers of the world are great listeners, so when you have the opportunity to speak with your crush pay attention to what she talks about.
4. **Small And Thoughtful Beats Big...** if you not want scare off a woman, pay

attention for not overwhelm her with inappropriate gifts. A good idea is to select about twelve music she loves and burn a custom and original CD for her. Simple idea, valuable results! You got it...

5. **While The Relationship Still Not Gets Romantic...** not think to become her best friend, you can be friendly of course, but don't become her buddy and hang out with her frequently unless the relationship has gotten romantic.
6. **Do What You Say You're Going To Do...** You have a crush on her because you're fascinated by her somehow, so if you want her to think the same of you. Show you're a man, not a doormat. Woman likes man with initiative and positive attitude.
7. **Be Enthusiastic, Creative and Keeps the Good Mood...** sometimes it is better than having a full



wallet, specially for Brazilians! Make her laugh. Research shows that one of the biggest things that attract woman in a man is a great sense of humor.

8. **And About Recipes....** Cook Her Dinner!

It's not necessary to be a professional chef who can whip up any kind of culinary delicacy, but you really need to know how to cook two, three or four great dishes. Delicious Italian pastas is very easy to learn and should be a great alternative if she likes wine. If you've never cooked before then of course you need to make a few dry runs. Don't forget to create a great and romantic atmosphere like candles and of course the right music. ■



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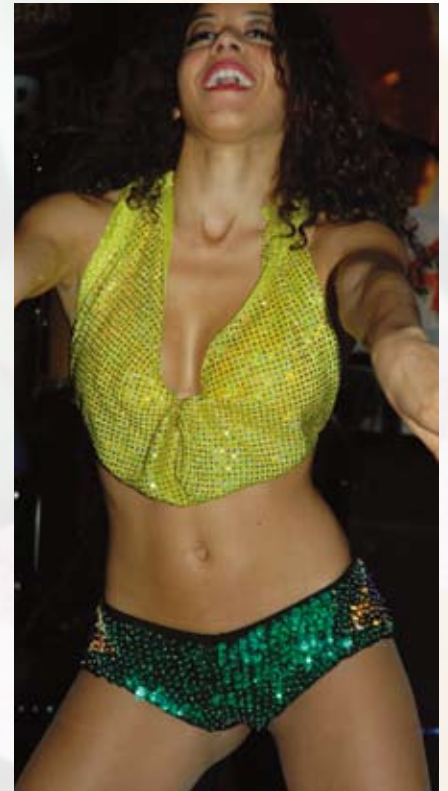


Brazilian Carnival Tra

“Carnaval” in Brazil is the most important popular festival in the country and can be considered a national ritual. It is a state of mind. It is usually 4 days of sensual exaltation and the apparent modification of normal rules of behavior; which are natural and spontaneous. It is summer, it is hot, the beaches are packed and people are excited to begin a long week of party and fun. The celebrations are highly intense in largest urban centers like Salvador, Rio de Janeiro, Recife, Olinda, São Paulo, Belo Horizonte, Fortaleza and Brasília. Carnaval is held on streets, social clubs, soccer clubs, community halls and restaurants.

Here in California, for decades now, the famous Brazilian Carnival has traditionally held its own Carnaval Celebrations in Los Angeles and San Francisco (and continued to spread to other Californian cities). In Southern California in the 60's and 70's, Mercedes Foster and

the ABC Club organized parties in hotel ballrooms, like the Hilton in downtown Los Angeles. Maria Lucien and Mario Macineli started the Carnaval at the Hollywood Palladium. Patricia Leão started in clubs and restaurants and later at the Hollywood Palladium with the retirement of Maria Lucien. The UCLA International Student Center also promoted several dances on the building at Hilgard and even a parade right on campus in the 80's with Embrasamba – the Los Angeles first Samba School. Luisinho, a former professional soccer player living in L.A founded the M.I.L.A – Mocidade Independent of Los Angeles, and later the traditional “Sambão” on Friday Nights at Café Danza. David and Doris Hillster founded Sambalá Samba School in Long Beach and started their Annual Carnaval Parade with special guests from Brazil and fantastic local artists, and fast became a festival with live music performance, Brazilian crafts





ditions in California

Edited
by Jennifer
Parker



& food. Steve Spencer, an Afro-American with Brazilian heart, together with the Brazilian Cristina Portela founded the Annual Brazilian Carnaval in San Diego. Most recently, Patricia Leão moved her Annual Brazilian Carnaval to the Queen Mary in Long Beach, while Ariel del Mundo started his Annual Brazilian Carnaval celebration in the heart of Hollywood, and Lindenberg Junior founded the Annual Santa Barbara Brazilian Carnaval Fest in 2004. In the Bay area we can mention the legendary Aracy da Cruz that have started all the Brazilian moves in the 80's, Roberto Lima who founded the San Francisco Brazilian Carnaval in 1990 and Celia Malheiros as a valuable contributors for the Brazilian Carnaval flag in the land of the Golden Gate bridge.

Great local musicians have made Brazilian Carnaval in California very special, such as Lula Almeida, Ana Gazolla & Sonia Santos,

Katia Moraes, Luisinho do Samba, Pablito, Mestre Badaró, Mestre Cabral, Carlos Oliveira, Claudia Amaral, Lisa Silva, Rosana Brito, Neusa Brown and Eunice Taylor entre outros. Also pioneers dancers like Cristiane Kalil and Mariza in Los Angeles as well Maria Souza in San Francisco. All of the people mentioned here, and many others not mentioned, have brought us a piece of Brazil and their culture to the West Coast. Thanks to them and also the new musicians and dancers of the new generation, we can feel the emotion and "sabor" of Brazilian Carnaval every year in February/March. ■

* Text edited from information by phone or email of Roberto Lima, Brazilian Carnaval producer; Sergio Mielkiesnesko, Brazilian Radio personality in Los Angeles with show at KPFF-LA 90.7 FM every Friday at 10am - www.kpff.org; and Lindenberg Jr., producer of Santa Barbara Brazilian Carnaval Fest.





Play, Have Fun, and Fall in Love with the California Riviera

Edition: Lindenberg Jr.



The “California Riviera” is an international “mecca” for those seeking for a romantic getaway, non stop adventure, luxurious surf, charming shopping or maybe, only a simple and different recognized stress’s escape destination. From golf course to spas, walk on the beach or great shopping, Santa Barbara offers so much to see and do. There is no other place in the Western United States that compares with what this city offers. The historic Californian city brings an unmatched climate, a romantic atmosphere, an adventure spirit, and for sure, a lot of charm and natural beauty. If you drive about 30 minutes north from downtown you can taste some of the best wines in the state or by boat view whales in the Santa Barbara Channel. The city has mountains, beaches, lakes and one of the best Universities of the country. Just

30 miles south you will find the city of Ventura and the famous Channel Islands.

Among many points of interest the city shows it’s waterfront dominated by Stearns Wharf that with almost 4 acres of decking provides coastal access to over six million visitors annually. Built in 1872 it’s the oldest working wooden wharf in California and the number one visitor attraction

in Santa Barbara. The Wharf is home to several fine restaurants and many unusual shops. The Santa Barbara Zoo founded in 1963, is located just 1 block from the beach, near Carrillo Ave. and the FRW 101, definitely a nice option if you have kids. The Botanic Garden is a place of beauty and serenity, of research and conservation, of history and stewardship. You will be able to see California native plants set in beautifully designed



10 RESTAURANTS

Café Buenos Aires – Contemporary and traditional Argentinean cuisine with live tango music in weekends, elegant and romantic seating, and a cozy small bar that you can taste delicious Brazilian caipirinha or Cuban mojito, at 1316 State St. – **Phone (805)963-0242**

Lilly’s Taqueria – Authentic taqueria, offering handmade tortillas and creative regional specialties. Authentic Mexican soft tacos specializing in steamed beef head, carne assada and adobada tacos. A nice option for something fast, tastes good and affordable, at 310 Chapala Street - **Phone (805)966-9180.**

Playa Azul Café – Just across the Historic Presidio, this restaurant has been a favorite of locals since 1976. Specializing in Mexican seafood, it offers superb margaritas and free delicious chips & sauce. At 914 Santa Barbara St.

Phone (805)966-2860.

Sevilla – Nice atmosphere, great bar, cozy lounge, and Brazilian fusion menu with fine selection of wines. At 428 Chapala St.

Phone (805)564-8446

Cold Spring Tavern – A historic stagecoach stop offering hearty entrées and game dishes. This place is a must if you have friends and would bring them for a unique

and wild place. 20 Min driving from downtown, the restaurant neighborhood is raw eucalyptus trees! At 5995 Stagecoach Rd.

Phone (805)967-0066.

Stateside – Restaurant and Lounge with Californian-Asian cuisine, elegant seating, nice patio, sophisticated cocktails, live quality music at nights and easy parking – there is a public parking just behind. At 1414 State St.

Phone (805)564-5099

Pascucci – High quality Italian favorites, fast services and good prices make this “Trattoria Italiana” one of local’s favorites. Located at 729 State St. – **Phone (805)963-8123**



landscapes. The Garden is located at 1212 Mission Canyon Road. And for mention the word "mission", Santa Barbara has the "Queen of the Missions" for its graceful beauty. Offering self-guided tours daily from 9am to 5pm it is located at 2201 Laguna Street. For Performing Arts and Music we can mention the Arlington Theatre, the Lobero Theatre and the Santa Barbara Bowl (during summer) offering always interesting performances and shows. If you are interested in spend some time visiting museums, try the S.B Historical Museum, the S.B Museum of Art or the SB Museum of Natural History.

For shopping the best way is to walk at State St. and in special step by at the Paseo Nuevo Mall. It is the South Coast's most distinctive collection of unique, upscale merchants between Los Angeles and San Francisco in the heart of downtown Santa Barbara with over 60 boutiques, two department stores, and many eclectic restaurants – some of them offering open-air Mediterranean setting. If you looking for the next good meal, the city is a dinner heaven with more than 400 restaurants and for sure there is a choice for every taste and craving. Bellow we have selected a few in different levels and **recommend in boxes**.

The county is one of the most important wine/winery regions in the U.S and a de-

The Palace Grill – A popular Cajun and Creole contemporary grill that if no doubt is a good option for a News Orleans style's next meal in Santa Barbara. Located at 8 E. Cota St.

Phone (805)963-5000.

Arigato – Classic Japanese with innovative sushi and contemporary seating. If you think Japanese this definitely is a good option. Located at 1225 State St. – **Phone (805)965-6074.**

Sojourner – If you think organic dishes prepared with creative flair, this charismatic go green restaurant is a must. Friendly family style environment it is located at 134 E. Canon Perdido St. – **Phone (805)965-7922.**

5 CAFÉS

Santa Barbara Roasting Company – as the name said, fresh "roasting" coffee with great options of bakery's good. Located in two locations, inside the Paseo Mall and other at 321 Motor Way – in front the Public Parking Lot at Gutierrez & State St.

Phone (805)962-0320

Red's Café – in the hearth of Santa Barbara's Funk Zone and very close from the Amtrack station, this modern funk and artdeco coffee house offer nice environment, fresh coffee, bakery goods and also beer and wine. Located at 211 Helena Ave.

Phone (805)966-5609

Lucky 13 Coffee Cat – Very close from the

lightful option is to have a tour for the many wineries found in the area. Among those wineries we mention three here bellow: * Please check the wine trails & tasting rooms of Santa Barbara County in our site www.soulbrasil.com.

Cold Heaven Cellars – Foxen Canyon Wine Trails, his owner Morgan Clendenen's mission has been Viognier and others product of cool vineyards in the Santa Maria and Santa Inez Valleys. Touring and Tasting at Heaven and Earth, 448 B Bell Street, Los Alamos – **Phone (805)344-3640.**

City Hall and the Public Library, this Coffee house is one of the favorites for locals internet users. Comfortable zone with fresh coffee and selected bakery's good. At Wake Center, 1201 Anacapa St., corner of Anapamu St.

Summerland Beachfront Café – Just 5 min driving South from downtown SB, this café in the beautiful Summerland is the place to go for a breakfast experience. Located at 2294 Lillie Ave, in Summerland.

Phone (805)969-1019.

D'Angelo's – An intellectual favorite, this hip coffee house & bakery offers delicious breakfast and lunch. Easy parking, it is located at 25 W. Gutierrez St.

Phone (805)962-5466

Jaffurs Wine Cellars – Santa Barbara Urban Wine Trail, limited-production top-quality Rhone varietal wines. For a glimpse of world-class winemaking in the hearth of Santa Barbara, this is a good option. Located at 819 E.Montecito St. – **Phone (805)9627003**

Cellar 205 / Oreana Winery – Santa Barbara Urban Wine Trail, the 5,000 square-foot space, former tire shop, is the home of Garvin's Oreana Label, devoted to Syrah, Pinot Noir and eclectic blends. The facility features a wine tasting room that flows into the production room and others guests a first-hand glimpse of the





winemaking process. Located at 205 Anacapa St.- **(818)962-5857**

The city offer great county parks and in particular I like three, in special because offers B.B.Q grill and is on the beach! It is the Arroyo Burro Park, the Goleta Beach Park and the Lookout Park. This last one is in an area of only four acres on the cliffs of Summerland. The cliff-top views of the coastline are stunning. The picnic area with playground and bird watching is great for a family hang out. The hike trails and the surf in front the park is one of the best in the county. Take the Summerland exit off Highway 101 and turn south into the park. The Goleta Park is in direction of the USCB Campus and it is known for its long fishing pier and sunbathing beaches. It has 29 acres are often a destination for bicyclists on the area's paved trail system. The Arroyo Burro Park is a place for locals meet for breakfast or a cocktail at sunset, stroll or jog the sandy shore, watch for whales or ride the wild surf, just one mile or less from the Santa Barbara Pier. Special attention for the Cachuma Lake Recreation Area where you find the best fishing to be found in the region, plus boating, hiking, camping, RV parking and naturalist-guided lake cruises. The adventure never ends here. It is locate 20 miles from Santa Barbara taking the HWY 101 to the San Marcos Pass exit, HWY 154. To check all the county parks for full details visit www.sbparks.org. ■

3 WINE EXPERIENCES

The Garden Market – Wine by the glass Friday and Saturday evenings, delicious tapas, gourmet deli, and beautiful garden seating. Located just 20 min by driving, South from Santa Barbara at 3811 Santa Claus Lane in Carpinteria

Phone (805)745-5505

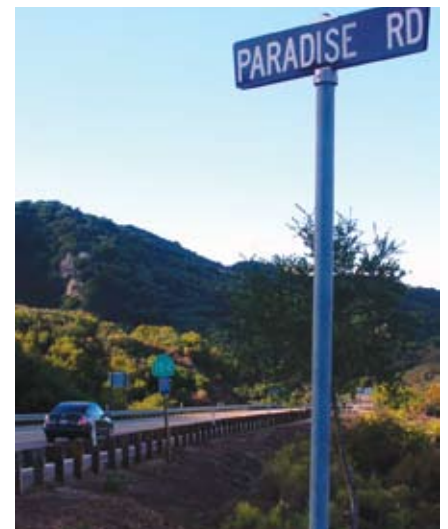
East Beach Wine Company – Specialty wine store with a large and quality selection, and lowest price in the area. They offers Fri-

day Night tasting. Located at 201 S. Milpas St. – www.eastbeachwine.com

Phone (805)899-1535.

The Hitching Post – A Western traditional style steak house and the place to find great wine for sure. It is the house of the world-class Harley Ostini wines. It is a must stop if you drive north to Santa Inez Valley where you can find the important wineries in Santa Barbara County. Located at 406 East Hwy 246;

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Chilean-born **Luca Mundaca** is a singer/songwriter raised in Sao Paulo, now residing in Cleveland, Ohio. Luca recorded her album "Day by Day" in

Rio de Janeiro. Two songs off this album can be found on Putumayo World Music compilations "Brazilian Lounge" and "Women of the World Acoustic." Her song "Ha Dias" just won her first place in the 2007 *Independent Music Awards* in the World Fusion category. "Ha Dias" has also been licensed for the movie "The Visitor," scheduled for release in March of 2008.

One of my favorite restaurants in Beverly Hills is **Il Pastaio**, under the direction of Chef/owner **Giacomino Drago**. His wife **Alessandra** is from Sao Paulo, and together they make a beautiful couple. Il Pastaio has been acclaimed as the best Italian restaurant in LA. I dine or have lunch there at least three times a week, and the food is always superb. Some personal favorites include: Any of their pasta, Lobster Salad, Tuna Carpaccio, and Branzino. Il Pastaio is always packed with a regular cast of stars and VIPs.



There's no excuse now not to see the best artists in the world right here in your back yard. **Highlights on the Arts:** **UCLA LIVE's** season was packed with great performances including: **Spiritual Sounds of Central Asia** with 18 of Central Asia's finest artists, including a multimedia production. The performances were mystical and graceful, to the sounds of the

poetry from **Rumi**, **Hafez**, and **Nasir Khusrow**. The shocking, irreverent and obscenely funny satire of **Tiger Lilies**. The elegant and innovative dance of **Pina Bausch**. The exquisite music and dance of the **Gamelan Cudamani**, the minimalist sounds of **Evelyn Glennie**, the heart explosion and passionate performance of **Youssou N'Dour** brought the audience to their feet in a dancing frenzy 'til the end of the concert. At **Disney Hall**: Always enthralling seeing Music Director **Esa-Pekka Salonen** conduct a program of Bach, Strauss and Beethoven. **The St. Petersburg Philharmonic** included legendary Brazilian pianist **Nelson Freire**, who joined the orchestra as soloist for Schumann's Piano Concerto. The brilliant sound from the first note to the last of **The Count Basie Orchestra**, conducted by **William H. Hughes**. At the **Jazz Bakery** I had a chance to meet and chat with the great jazz vibraphone player Bobby Hutcherson who was telling **Kareem Abdul Jabar** that he had just returned from a performance in Rio Brazil. He raved how he loved Brazil and promised to return.



good fortune to have Brazil's top composers writing music for my compositions, including **Sergio Santos**, **Claudio Nucci**, **Andre Mehmari**. My work with singer/songwriter Sergio Santos has been so productive that we already have enough songs for my first CD, scheduled for a 2008 release.

Lately I have been very busy professionally fulfilled writing songs for **Carly Simon** and **Jimmy Webb**, as well as having the amazing



Speaking of **Sergio Santos**, his most recent album "Iô Sô", simmers with the irresistible rhythms of the Congado, a popular music from Minas Gerais. *Los Angeles Times* critic **Don Heckman** wrote "Santos underscored everything he did with an irresistible feeling for the highly compatible linkages between Brazilian music and American jazz." L.A. remembers Sergio's versatile musicianship and warm singing style at the Hollywood Bowl a few years ago and is eager to welcome him back into the fold. There are talks of him performing at some of the best L.A. theaters this year.

Brazilian film lovers will now have a three-day Brazilian film extravaganza annually thanks to the initiative, vision and great effort of **Meire Fernandes**, producer, and **Nazareno Paulo**, journalist, who have co-founded the first **Los Angeles Brazilian Film Festival (LABRFF)**. The founders will launch the opening gala night with the world premier film "Bellini and the Devil," from director **Marcelo Galvão**. Actor **Fabio Assunção** has accepted the invitation to attend the Red Carpet on March 7th at the **Landmark Theatre**, Westside Pavilion. Tickets can be purchased starting January 1st at www.labrff.com/schedule.asp

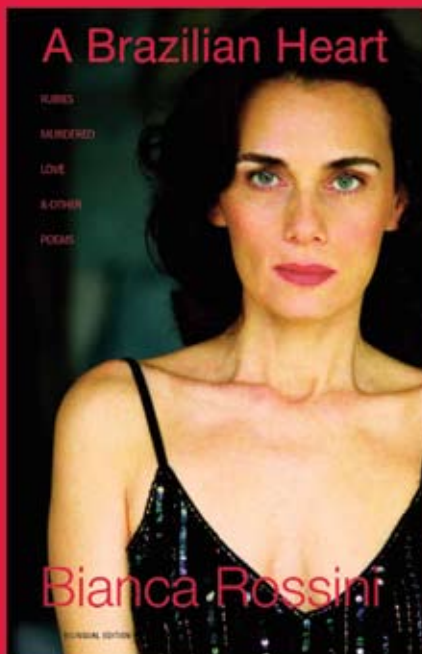


Brazilian Artists **Rose Lobo**, **Carmen Gusmao**, **Olavo Multini**, **Milena Saraiva**, **Jade** and **Bakari Santos** will be some of the featured artists in an upcoming exhibition at **Los Angeles Municipal Art Gallery** at Barnsdall Park. The exhibition is entitled "Tropics: A Contemporary View of Brazil, Cuba and Haiti." It runs from January 17 through April 20.

* **Special thanks:** **Don Heckman** (notesfromthecoast.blogspot.com) (**Denise Dorman** (writebrainmedia.com), **Galina Sobolev** (buysingle.com), **Fabio Garcia** (itsreal.com.br/fabiogarcia), **Andre** (myspace.com/WCPhotoStudio), **Luciana Maziero** (byu-ti.com).

A Brazilian Heart

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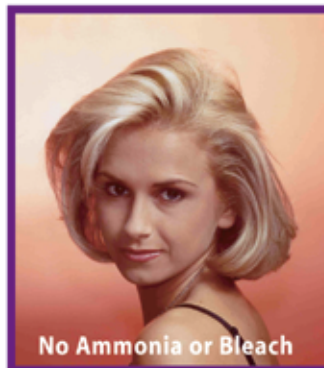
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O Que é Que a Bahia Tem?

Turismo Cultural e Histórico de Salvador

Alberico Manuel

A Bahia tem acarajé, dendê, cultura, história e um povo festeiro e alegre. É a Bahia de Dorival Caymmi do “O Bem e o Mal”, de Castro Alves dos “Dois Corações, Que é Mar e das Canções”, de Jorge Amado da “Dona Flor e Seus Dois Maridos”, de Maria Bethânia “dos Carcarás”, de Gilberto Gil do “Refazenda”, de Caetano Veloso de “Sina”, e claro, dos inúmeros Trios Elétricos. Quem vem a Salvador se encanta e desencanta. Fica alegre e triste. As diferenças sociais da cidade são bem contundentes. A diversidade cultural e histórica é rica e contrasta com a situação real, sendo a terra do desemprego e do analfabetismo. Porém, quem chega aqui na cidade observa uma cidade bela, detalhista em sua cultura. Uma terra onde todas as cores se misturam, onde a miséria e a riqueza se abraçam e convivem lado a lado.

Passando pela cidade e se dirigindo do Aeroporto ao Centro Histórico podemos ver a beleza de sua orla, suas paisagens, seu clima. O vento batendo no rosto, jogando a maresia em seu corpo e fazendo um convite para um banho de mar; o sol a torrar a pele e o calor maternal da cidade que abriga quem a visi-

ta. Ao chegar ao Centro o contraste do velho com o novo. O elevador Lacerda flertando com a Bahia de todos os Santos pode fazer o visitante ver um belíssimo pôr-do-sol. A Marina, com o Centro Náutico a sua esquerda e a Marinha a sua direita, contrastando com os humildes pescadores no cais logo cedo fazendo seu ritual de trabalho. Subindo em direção ao Campo Grande o visitante se deslumbra com a paisagem local.

Entre a pista e mar, passando pela rua pode-se avistar um hotel cinco estrelas em construção, é o Trapiche Adelaide sendo finalizado com plena vista da Baía de Todos os Santos. Mais adiante o Museu de Arte Moderna da Bahia (MAM-Ba) entre sua beleza natural e arquitetônica de grande valor histórico (foi um dos engenhos da antiga Salvador na época da escravidão, agora representado por um belo casarão antigo do Século XVII). Quem se põe a visitar o museu pode ver obras de grandes pintores brasileiros do Século XX que transformaram uma época. No início da manhã ou no final da tarde a natureza ofusca os olhos de seus visitantes. Dependendo da época da sua visita, pode-se assistir a ótimos shows de jazz nos

sábados a noite. Chegando no Campo Grande pode andar pelo parque arborizado, apreciar suas fontes, árvores e estátuas, sentar, passear, e olhar as pessoas da cidade, mas tendo cuidado com o assédio.

O visitante se recolhe ao seu aposento, cansado e confortavelmente recolhido, pode descansar um pouco para depois saborear um típico jantar baiano. O Rio Vermelho é uma grande sugestão para quem gosta de um programa diversificado e mais movimentado. Shows com música ao vivo no Largo de Santana é uma boa pedida, afinal esse é o ponto de encontro que remete um ar boêmio e encantador. Têm também a Barra, o Dique do Tororó com sua paisagem exuberante com as imagens dos Orixás, o atrativo Pelourinho, o Abaeté, a Ribeira e o Monte Serrat.

No Centro Histórico um conjunto arquitetônico é visto logo em sua chegada. A estrutura sólida de seus edifícios históricos fala de





Yansã Abri os Festejos do Verão e do Carnaval em Salvador

A festa acontece todo dia 4 de dezembro, dia de Ogum. Já logo cedo podemos ver baianas, curiosos, turistas, personalidades e fotógrafos além da orquestra da Polícia Militar que anualmente acompanha o evento com cânticos religiosos.

Uma multidão, vestida de vermelho, chegam em direção a Igreja de Nossa Senhora do Rosário dos Pretos, abrindo as festas de Salvador dois meses antes do carnaval. Após a realização da missa na Igreja, as pessoas se dirigem para o Largo do Pelourinho ao som dos atabaques, cantorias, sermões e rezas onde é celebrada a missa campal. O sincretismo religioso é uma característica marcante das festas da Bahia. Os festejos de Santa Bárbara, na religião católica, ou Iansã, no Candomblé acaba em clima de carnaval com shows de diversos cantores e bandas. Começa o verão oficial da cidade soteropolitana que segue com a festa religiosa de Conceição da Praia, padroeira da Bahia, todo dia 8 de dezembro, com especiais oferendas as deusas africanas Oxum e Iemanjá.

Na virada do Ano Novo, todo 1º de janeiro, Nosso Senhor dos Navegantes arrasta multidões para a Baía de Todos os Santos e Praia de Boa Viagem, entre os bairros da Ribeira e Bonfim. Nosso Senhor do Bonfim, ou no candomblé Oxalá, é festejado na segunda quinta-feira de janeiro. No dia 2 de fevereiro ocorre a festa de Iemanjá - a rainha das águas e dos pescadores e em seguida a sequência das festividades carnavalescas baianas. ■

seu passado, as riquezas de suas igrejas mostram detalhes dos brilhantes dourados do ouro além de desenhos rebuscados e contorcidos do barroco em suas paredes. Quem se dirige para o Pelourinho vê os contrastes entre as suas edificações antigas e restauradas e as pessoas largadas nas ruas pedindo um trocado ao turista. Para o público alternativo GLS, tem o hotel Casa do Amarelindo considerado "Gay friendly", e para quem quer algo mais luxuoso o Othon Palace, em Ondina. Ainda no Pelourinho, para quem quer conhecer um pouco da cultura baiana e de sua história, uma visita aos museus é encontrar belas histórias contadas em forma de figuras, fotografias, quadros, esculturas e outros artefatos. Entre o sacro e o popular os museus exprimem o contexto histórico e cultural para os visitantes.

No Largo do Pelourinho pode se ver a paisagem da Casa de Jorge Amado, do lado do Museu da Cidade com tapetes e alguns objetos pertencentes ao grande poeta baiano Castro Alves, e em sua frente à Ladeira do Carmo. Antes de passar por lá se avista a Igreja de Nossa Senhora dos Rosários dos Pretos em sua esquerda, onde acontece o encontro do ritual religioso do Candomblé com suas batidas dos atabaques e o sermão da Igreja Católica. Em suas ladeiras de pedras o "Pelô", como assim é chamado, é belo por sua riqueza cultural, pela diversidade de

pessoas que transitam em suas transversais, pelos comerciantes e artistas que vendem seus produtos expostos nas ruas e galerias. Um lugar pluricultural que expressa de forma ampliada à realidade baiana.

A Bahia é bela por si só. Pode se ir para Capital ou apreciar a tranquilidade do interior. Na Chapada Diamantina o turista se deleitará com suas belezas naturais, exuberantes e harmônicas. Para quem procura mesmo no interior, um pouco mais de agito, durante o inverno acontece o Festival de Inverno de Lençóis e de Vitória da Conquista. Boas opções na Bahia sem sombra de dúvida estão no litoral Sul, onde Morro de São Paulo, Porto Seguro, Arraial D'Ajuda, Itacaré e Ilhéus são os destaques; e no litoral Norte onde se destaca o antigo paraíso hippie Arrembepe e Itacimirim. Essas duas últimas opções do litoral são para curtir bons momentos de romantismo regado ao sopro suave da brisa marinha e a tranquilidade nas areias da praia à noite aliada a um bom atendimento dos estabelecimentos.

A Bahia tem muito que oferecer a sua própria gente e claro ao turista. E se você é esse turista e tiver indo durante época de carnaval, outros atrativos a parte como sair em um bloco Afro ou seguir um trio elétrico como os da Ivete Sangalo, Araketo ou Chiclete com Banana é indispensável para sentir "O Que é Que a Bahia Tem" nas festas Carnavalescas Baianas (**veja o quadro "Festejos de Verão" para interessante nota sobre comemorações prévias ao Carnaval**).



“Saudade Não Tem Idade”

(Brazilian Expression)

Lindenberg Jr.

Many people from such different cultures have made Brazil a very special place, where there is much to see, and to have a unique experience. Brazilians might be very cool, but they are also patriotic souls and prone to “saudade” when far away, a desperate longing for the homeland...

Saudade has no direct English translation; its translation is dependent on context. It originates from the Latin word *solitatem* (loneliness, solitude), but developed a different meaning. Loneliness in Portuguese is *solidão* (a semi-learned word), from Latin *solitudo*. No other languages in the world have a word with such meaning, making “**saudade a distinct mark of Portuguese culture**”. It has been said that this, more than anything else, represents what it is to be Portuguese.

Boteco is a “bar” featuring delicious “home-made style” appetizers, not fancy but better stated, modest but affordable to drink and eat, and usually playing samba or Brazilian jazz. Happiness is traditional, happiness is mystical, and happiness is lyrical! **Boteco is a place to go for “jogar conversa fora”** (just the pleasure to talk about anything and let the time pass by), drink couple beers with a friend, meet a friends group before go to a nightclub or a live

show, or just drink and taste good Brazilian “tira-gosto” (appetizers).

Churrasco (Brazilian BBQ) is **just the perfect reason to bring people together** in your backyard or in a park (* and definitely, we do live our lives outside in Brazil!) The Brazilian style barbecue just uses coarse salt. This is the main secret for a tender and delicious “churrasco gaúcho”. The Brazilian system of meat rotating around the tables in restaurants was introduced in the 60’s in the Rio Grande do Sul state. This famous Brazilian BBQ style has crossed boundaries and reached the world.

Warm Ocean & Beach Life has a significant meaning for Brazilians. People in NY, Los Angeles, San Francisco, etc, have much “saudade” of the tropical beach and what it can offer. It is very difficult to explain the Brazilian “beach life

spirit” if you have never been to Brazil and don’t know much about the irreverence and life style of Brazilians. It is a place to join life, having fun under the sun, play soccer, flirting, etc. You can rent a beach chair or umbrella, you can eat and drink on the beach, your can even buy tanning lotion on the beach as **you will see all kind of walking vendors offering many different exotic products from ice cream to folk art to sunglasses**. What Brazilians longing is the no necessity to take anything to the beach, just a few dollars and their own beach life spirit.

“Brasil meu Brasil Brasileiro, Terra de Samba e de Pandeiro...” there is always a graceful way to progress day by day. If one path is closed, there must be another way. You just have to sway a little, to weave your way around things, to use what Brazilians call *Ginga*. ■



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Segundo o "New York Times" Brasileiros Desistem do Sonho Americano.

Mais e mais brasileiros vêm deixando os Estados Unidos e desistindo de viver no país, para voltar aos seus lugares de origem, muitos após mais de uma década, afirmou uma reportagem publicada em uma terça-feira do mês de dezembro pelo diário Americano *The New York Times*. Segundo a reportagem, intitulada "Brasileiros desistem de seu sonho americano", os brasileiros que deixam o país explicam sua decisão "uma economia americana em queda". Muitos citam a expiração das carteiras de motorista que não podem mais ser renovadas, de acordo com as regras mais duras, ao lado de uma forte queda no valor do dólar em relação à moeda do Brasil, onde a economia melhorou, afirma o jornal. O diário de NY atribuiu a informação a "funcionários consulares, agências de turismo inundadas por reservas de passagens somente de ida e líderes comunitários em bairros que os imigrantes brasileiros transformaram, de Boston a Pompano Beach, na Flórida. Citado pelo jornal, o líder comunitário Fausto Rocha, fundador do Centro do Brasileiro em Boston, disse que "seus compatriotas - alguns ilegais - estão deixando o país aos milhares, alguns após perderem suas casas na crise das hipotecas de alto risco". Já agências de viagem na área de Ny/Nova Jersey segundo o jornal, estão fazendo muitas reservas para vôos ao Brasil somente de ida. O jornal ainda comenta na reportagem que os Brasileiros geralmente vêm de classes mais urbanas e educadas do que outros grandes grupos de imigrantes ilegais da América Latina.

Visto no Brasil para os EUA fica mais caro em 2008.

Quem estiver no Brasil e quiser tirar o visto para vir aos Estados Unidos terá que pagar mais caro em 2008 e desde o dia 1 de janeiro. O preço para vistos de não-imigrantes subiu de US\$100 para US\$131. Segundo a Embaixada dos EUA no Brasil, a taxa irá aumentar por causa "dos custos com novas medidas de segurança, novos sistemas de tecnologia da informação e inflação". Quando ocorreram os ataques de 11 de Setembro, a taxa era de US\$ 45. De acordo com a embaixada, o preço antigo continua valendo para quem for entrevistado antes do dia 31 de janeiro. Já quem teve a entrevista marcada para depois terá que pagar adicional de US\$31.



Rodrigo Santoro assumi latinidade em filmes em espanhol.

The Post Grad Survival Guide vai assinalar a estréia na ficção de Live Action de Vicky Jenson, co-diretora, com Andrew Adamson, do primeiro *Shrek*, que arreventou nas bilheterias e deu origem à série de animação mais bem-sucedida de todos os tempos. "Será uma comédia romântica, mas não tradicional. É mais sobre família, numa linha meio *Pequena Miss Sunshine*, só que menos independente, mais mainstream", disse o ator. Depois de 300 e do filme inédito com David Mamet – *Redbelt*, Rodrigo assumiu sua latinidade. Primeiro, fez um papel importante, o de Raul Castro, irmão do Comandante Fidel, nas duas partes do épico de Steven Soderbergh sobre Che Guevara - *O Argentino e Guerrilha*. Na sequência, filmou na Argentina com Pablo Trapero, em ambos os filmes falando espanhol.

Parar apenas o desmatamento não salva Amazônia, dizem cientistas.

Se o resto do mundo não fizer nada e o Brasil parar por completo o desmatamento, aquela possibilidade de "savanização" continua exatamente a mesma", diz o pesquisador Antonio Manzi, gerente-executivo do projeto LBA (Experimento de Grande Escala da Biosfera-Atmosfera na Amazônia), do Instituto Nacional de Pesquisas da Amazônia (Inpa), ligado ao Ministério de Ciência e Tecnologia. As emissões de gases que causam o efeito estufa são o principal risco à floresta, porque estão provocando o aquecimento do planeta como um todo. Eles são causados, segundo os cientistas, principalmente pela queima de combustíveis fósseis nos países desenvolvidos. De acordo com especialistas, o desmatamento contribui com cerca de 20% das emissões, e a floresta brasileira com cerca de 6%.



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Bossa Americana

Melissa Chiaro

*Photos by Gustavo Cordova

Interesting how a conversation about the many ingredients of a mole recipe can lead to a heart-felt discussion about the layers of complexity of Brazilian music. Singer, songwriter and pianist, Ren Stewart has developed a new approach to Bossa Nova. While composing new songs written in Portuguese, she pays tribute to beloved Brazilian composers, but stays true to the rhythmic blends of jazz and pop sensibilities.

When asked about this *mélange* of worldly musical disciplines, Ren explains a longtime interest in MPB. "When I was a teenager, I heard Jobim's album 'The Composer of Desafinado, Plays', and something awoke in me. I was raised by a Mexican-American mother, so Latin music will always be in my heart, but hearing this somewhat familiar music sung in Portuguese intrigued me." Years later, through the exploration of more Brazilian music, Ren has found inspiration from the varied styles of Seu Jorge, Lenine, Caetano Veloso, Astrud Gilberto, Bebel Gilberto and Charlie Brown Jr.

As a great mole recipe earns merit through patience, timing and collaboration so has Ren's music. Executive producers of the NBC hit series "Life" stumbled upon her work and quickly added her song "Face the Day" to their sound-

track. The song typifies this synchronization of layered rhythms. "I don't think Americans will equate my music as being Brazilian, even though I borrow much from their musical history. I didn't want to create music that resembled a novelty, like a T-shirt from the airport that reads 'Brazil'. The idea is to create music in a way that respects the spirit of Brazilian music while infusing my Californian perspective." This philosophy seems to celebrate that of the famous writer, Carlos Fuentes, when he stated, "There is no creation without tradition."

To achieve the perfect blend of high personal standards with this eclectic perspective, Ren has immersed herself with the Brazilian culture here in the US, which resulted in the composition "Como Eu Vou Voltar". This song typifies the idea of "saudade", describing the intensity of feelings the night before a first trip to Brazil. Needing to authenticate her emotions with sound, Ren surrounds herself with Brazilian and American artists who have studied the vast history of music in Brazil. Brazilian drummer Rodrigo Spada Bernardo and guitarist Sina, co-founder of Barraca da Bossa, share an innate ability to know what Ren is thinking musically. Originally from Iran, Sina traveled throughout South America to equip himself with a working understanding of Portuguese, and expose him-

self to the music of the Bossa Nova era legends. With his repertoire and beautiful blend of guitar techniques, Sina contributes a worldly perspective to Ren's music, resulting in an appeal to both the novice and seasoned ear.

Rodrigo joined Ren last spring and quickly



helped develop the rhythm of the songs, which required his expertise as a drummer in popular Brazilian bands. Through travels between California and Sao Paulo and the use of the Internet, Ren and Rodrigo have found a way to soften the recording budget. Specifically, they have created a system of sending music files cross-country using iDisk, where Rodrigo can virtually work beside Ren to record the percussions. The use of web cams allow the duo to talk as if they were in the same studio, thus concocting a transcontinental collaboration... one that is required to be *não desafinado*... completely in tune with each other.

As with any dish made slowly over time with careful attention to the blending of various ingredients, Ren Stewart's Bossa Americana is worthy of a complete five sense experience, leaving each note to taste... just like that of a great meal. ■

For more information about this artist visit www.renstewart.com

Melissa Chiaro is a writer and creative director of special events based in Southern California. She has been promoting cultural arts for over a decade and her recent work has appeared in *Forbes Life* and *Destination I Do*. Melissa is currently working on an art book series, complete with an original compilation CD.




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